

Fair Park Senior Center

1433 Livingston Road
Crossville, TN 38571

Tele: 931/484-7416 Fax: 931/456-6541

Peggy Houston, Director

Jim Purcell, Chairman

December 3, 2013

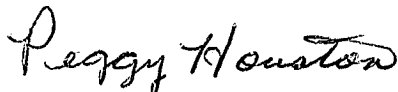
Attn: Mayor J. H. Graham, City Manager David Rutherford and City Councilmen

Fair Park Senior Center has applied for a grant with the State of Tennessee Transportation Department for a replacement Van. We have been approved for the first phase, Phase II requires that we have a match in place. The Van is a 14 Passenger Center Aisle with a total cost of \$28,124.00. We will be required to have a 10% match available upon final approval.

In 1998 we were fortunate to be approved for a Van from the State Transportation Department which the City of Crossville covered the match. This Van has been such a tremendous help to the seniors in the City of Crossville where the Van is used solely on a regular basis with the exception of out of town trips. See attachments showing how vital this program is to our senior community.

We are requesting that the City of Crossville pay the 10% match of \$2,812.40 in order for us to get the new Van. Thank you so much for your consideration.

FAIR PARK SENIOR CENTER



Peggy Houston
Executive Director

MEMO

To: FY 2012 Applicants

From: Jerry Roache *JR*

Date: November 15, 2013

Subject: FY 2013 5310 Vehicle Request

It is time for the Phase II FY 2012 application process of the FTA Section 5310 program. Attached are documents for your review and completion. Due to limited funding, we are requesting that you prioritize and select the top three most needed vehicles that your agency requested on the FY 2012 application. Attached are two vehicle lists. The first shows your original selections. The second list shows all vehicles available on the statewide contract. On this list please confirm your vehicles and rank your priorities. Your most needed vehicle will be ranked as one (1), second priority ranked as two (2), etc.

Also, enclosed is the Federal Funding Accountability and Transparency Act (FFATA) Information Form and Phase II Application documents. FFATA is the Federal regulation that requires disclosure of projects that use Federal funds. This form helps determine the criteria about your agency and if disclosure is required. Please complete and return the Vehicle Request Form, the FFATA Form and the Phase II Application documents by December 13, 2013.

If you have questions do not hesitate to contact me at 615/253-1038.

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Upper Cumberland
Human Resource Agency

June 19, 2012

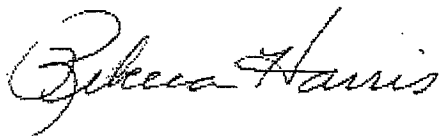
Mr. Jerry Roache
Transportation Specialist
Tennessee Department of Transportation
Office of Public Transportation
Suite 1800, James K. Polk Building
505 Deaderick Street
Nashville, TN 37243-0325

Dear Jerry:

The Upper Cumberland Human Resource Agency's supports the application of Fair Park Senior Center, Crossville, TN. to the U.S. Department of Transportation for capital assistance for replacement vehicle/vehicles in the section 5310, TDOT FY2012 Grant Application. These vehicles will be used for transportation services in Cumberland County. The Upper Cumberland Human Resource Agency is unable to supply the proposed services as outlined in the proposed schedule of operations submitted by Prospects, Inc. This special service is needed to supplement the existing services provided by the Upper Cumberland Human Resource Agency.

If further information is needed, please do not hesitate to contact me.

Sincerely,



Rebecca H. Harris
Transportation Director

Covering the Needs of Our Community

Phone: 931.528.1127 ~ 580 S. Jefferson Ave., Suite B ~ Cookeville, TN 38506 ~ fax: 931.526.8305

The People That Fair Park Serves

Some seniors are unable to drive any longer or are financially unable to own a vehicle. Other seniors are in poor health and unable to cook. Many have no family in the area and no means of getting around since Crossville has no public transportation. If these people can connect with the Center, they can be provided with nutritious meals, access to health screenings, physical fitness, health education, legal aide, general education speakers and a very important factor in all lives – companionship. Providing transportation to seniors for these activities help keep our seniors active and healthy, giving them an incentive to get out and join in their community functions.

Achievements and Activities

The Fair Park Senior Center's annual fundraiser Pioneer Day on the Mountain/Heritage Festival is scheduled for September 2013. For 2014, the date will be the 3rd Saturday in September. Additional fundraisers were held at the Palace Theater on 2/17 (The Gong Show), 6/29/12 (Crossville's Got Talent), and 12/15/12 (Christmas Show). Several fundraisers are anticipated to be scheduled at the Palace in 2014 as well. Fair Park also spearheaded a "Senior Police Academy", held in Crossville, Lake Tansi, and Fairfield Glade. These programs were held over an eight-week period at each location with thirty participants in each class. The Upper Cumberland Senior Olympics was held in May, with nearly 300 participants, in Crossville, Fairfield Glade, and surrounding counties.

How United Fund's Allocation Has Been Spent

- Second Harvest Food Bank

During 2012:

- Over 11,000 senior participants obtained meals, snacks, and food giveaways over the last year.
- Nearly 12,000 pounds of food have brought in via the Center van from the Second Harvest facility in Knoxville for senior participants, twice the amount brought in last year.

- Van Trips

During 2012:

- Participants enjoyed 19 van trips to a variety of educational and recreational facilities, such as those listed below. Approximately 184 participants attended these trips:
 - Healthy Living Expo
 - Sweetwater Flea Market
 - MTSU Mineral Museum
 - Women's Expo
 - West Town Mall
 - Dogwood Trail

- Short Mountain Distillery
 - American Legion, Spring City
 - Smoky Mountain Flea Market
 - Cookeville Flea Market
 - Dixie Stampede
 - Sgt. York Museum
 - Lost Sea
 - Trader's Day/Baggage Reclaim
 - Chattanooga Triple Play
 - Zumba Gold Class at YMCA Cookeville
 - VEC Breakfast in Dayton
 - TFA/TASC Conference, Murfreesboro - Senior Day
 - Cookeville Health Expo
- Weekly programs conducted at the Community Complex, serving 10-15 participants each programs.

STATEMENT OF NEED

Since the senior population in Cumberland County is rapidly growing, with the percentage of population approximately 34% over age 60 (according to 2010 Census data), Fair Park has identified a crucial need in this community. With the problems inherent with age, such as decreasing vision, poor reflexes, and isolation, seniors are more prone than any other population to live alone and thereby lose access to vitally needed services as well as socialization with their peers.

We have found that our van program is vital to the senior community. Our goal is to continue to keep older residents active and make a difference in their daily routine, since many are simply unable to provide transportation for themselves due to health or age or financial status. Our van can provide a feeling of security for these people since they can depend on being able to get out and continue to be active.

During the year 2013, our van program has served approximately 5,600 seniors in some capacity. We expect more for 2014 due to the continuing increase in Cumberland County's senior population.

Our van program is based primarily at the Center, with currently one part-time staff member who drives the van. Occasionally, volunteers will help out with driving trips; however, the staff person is responsible for scheduling the van trips and also fueling, maintaining, and cleaning the van.

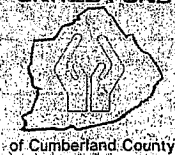
The van itself is a 13-passenger Dodge conversion van purchased in 1999 with the help of a state grant and a 20% match from the City of Crossville. Since the inception of the program, the van has transported area seniors to and from the Center to take advantage of the many programs, hot meals, and social interaction provided. Short day trips are scheduled throughout the year, both educational as well as recreational trips. Seniors in organized walking programs are transported to area trails, and the van is used twice each



Photo submitted
Pictured are Thomas Cole of Fair Park Senior Center and Jeff Cooper, United Fund board member.

United Fund supports seniors at Fair Park

Fair Park Senior Center offers a wide array of programs and services to Cumberland County Seniors.



One of its most valuable programs is its van, sponsored by the United Fund.

The van is used in a variety of ways like transporting the visually impaired, making it possible for the center's New Horizon Adult Day Care to take clients and volunteers to numerous caregiver workshops. The van is also utilized by instructors to attend fitness training classes for programs such as Silver Sneakers, and Tai Chi teachers are taken for training to be licensed by the National Arthritis Foundation.

Having the van gives

seniors the opportunity to attend the Federation for the Aging Conferences and Senior Day on the Hill at the State Capitol. It is also used to bring Second Harvest Foods to seniors at the center. The van gives many of the seniors the opportunity to access hot nutritious meals, recreation and health programs that are available at the senior center. The van program opens up the door for seniors to attend health fairs, and most of all fun trips with friends.

Many of these programs would not be possible without the United Fund sponsorship for the Fair Park Senior Center van. The United Fund provides the funding to operate one van, which in turn helps to make a change in so many lives in so many ways for seniors in Cumberland County.