

NATIONAL CHIROPRACTIC AWARENESS MONTH

October 2017

WHEREAS, According to the Centers for Disease Control and Prevention, as many as one in four patients who receive prescriptions opioids long term for non-cancer pain in primary care setting struggles with addiction and every day, more than 1,000 people are treated in the ER for misusing prescription opioids, and deaths involving opioids have quadrupled since 1999;

WHEREAS, The spread of the opioid abuse has prompted the White House to announce it will designate the opioid crisis a nation emergency;

WHEREAS, Because of this epidemic, the need for noninvasive, non-drug approaches to pain management for common musculoskeletal conditions such as back pain has increased throughout the world and particularly in the United States;

WHEREAS, The American College of Physicians (ACP) in 2017 released updated low-back pain treatment guidelines that promote the use of noninvasive, non-drug approaches as a first line of defense against back pain, before the use of pain medications and surgery and Chiropractors focus on the whole person with their noninvasive, non-drug approach to health care and pain management;

WHEREAS, There is a growing body of research validating the effectiveness of chiropractic services- spinal manipulation in particular- for the treatment of low-back pain, leading many respected health care organizations such as the ACP to include chiropractic/spinal manipulation in their guidelines for physicians;

WHEREAS, National Chiropractic Health Month 2017 serves as a reminder to all citizens that noninvasive, non-drug treatments for low back pain such as chiropractic services/spinal manipulation may lessen or eliminate the need for riskier, potentially addictive treatments such as prescription opioid pain medications and should be thoroughly exhausted whenever possible before initiating opioid therapy; and

NOW, THEREFORE, I, James S. Mayberry, Mayor of the City of Crossville, Tennessee, officially join with the American Chiropractic Association and the Tennessee Chiropractic Association in proclaiming the month of October 2017 as **NATIONAL CHIROPRACTIC HEALTH MONTH** and encourage all citizens of Crossville to join in this observance.